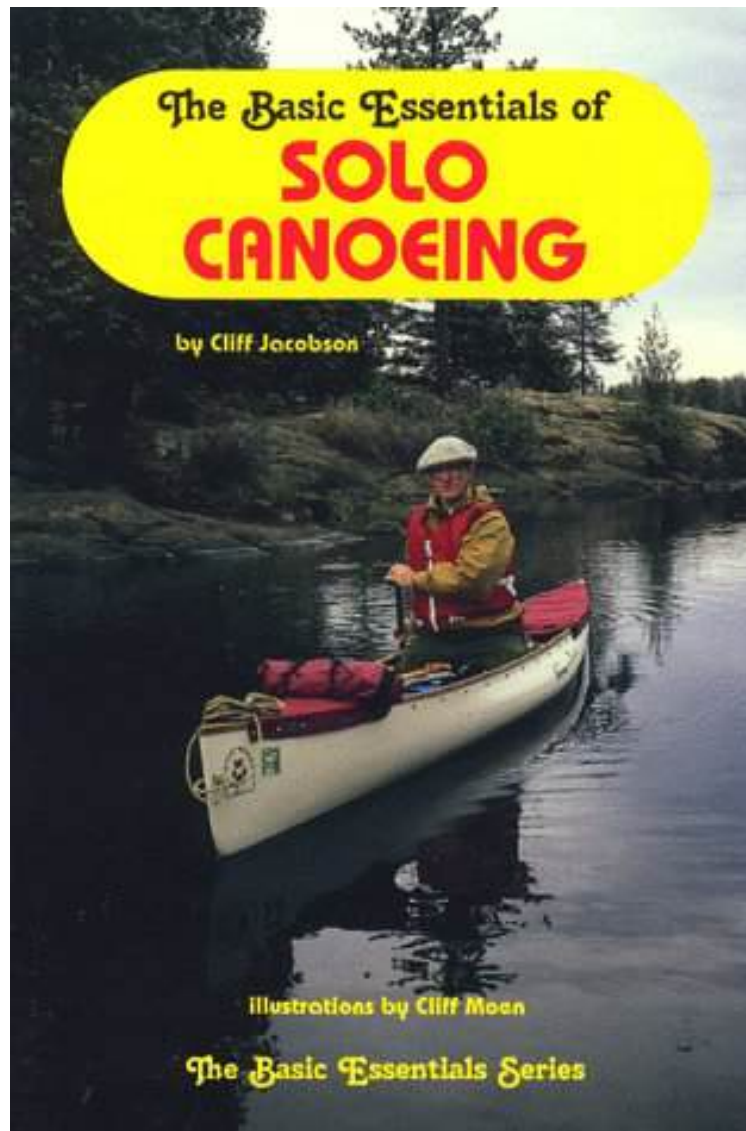


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The Basic Essentials of Solo Canoeing

By Cliff Jacobson

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