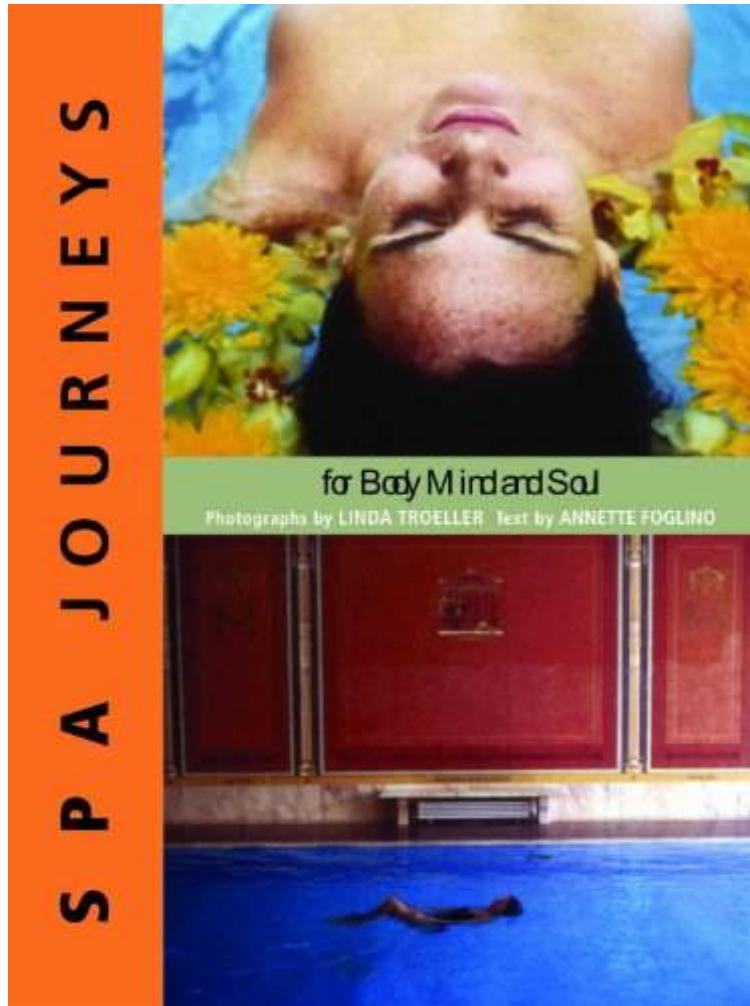


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## Spa Journeys

By Linda Troeller, Annette Foglino  
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0 of 0 review helpful Excellent Very cleverly done By J Feldman Each spa gets a quick overview on whether this spa is for you Full of helpful information and Ms Foglino's writing is vivid and engaging This was one travel book I

actually found myself reading I find most boring The photos are unusually beautiful too Photographer Linda Troeller can make a mud bath into a work of art My one problem with Spas have been a cherished indulgence for the greater part of human history representing the ultimate fusion of physical pampering and spiritual renewal From austere retreats to luxurious pleasure palaces spas can be found on mountaintops and on beaches in deserts and in vineyards — even on the high seas Spa Journeys showcases a superb selection of remarkable retreats from historical sites that have been attracting pilgrims for centuries to the [seaside](#) Spas have been around for centuries yet the flux of pampering palaces that have sprung up like hot springs in the last few decades have come a long way from the Turkish baths and fat farms of yore Spa Journeys For Mind Body and Soul explores 26

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